

## PE Action Plan – September 2018 – September 2019

<b>Whole School Priority</b>	To improve the health of children, actively encouraging exercise and healthy eating through education and opportunities for all to enjoy sport and activity.
<b>Subject Priority</b>	To ensure that children all get two hours of PE per week, that each year group covers the units of work allocated to them and that there is a progression of skills. To target our least active and vulnerable children and ensure that they have access to PE and to extra-curricular sports that they can enjoy.
<b>Key Findings</b>	We have increased the number of our sporting competitions both inter and intra school. We have increased the opportunities for our least active children. 13% obese and 15% overweight in year 6 over the past 3 years according to the National Child Measurement Programme.

<b>Priority</b> <i>Intended Outcome</i>	<b>Success Criteria</b>	<b>Term</b> <i>Timeline of Events</i>	<b>Subject Leader Actions</b> <i>Specific Action Including cost implications</i>	<b>School Actions</b> <i>Yr Group/Teacher Involved Person responsible for Actions</i>	<b>Impact Measures</b> <i>Monitoring/Evaluation</i>
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### Action 1

<p>Participation and Success in competitive school sports.</p> <p>Partnership work with other schools.</p>	<p>PE and competitive school sport will continue to be high priority in our school.</p> <p>In KS2 we need to continue to teach units of work in preparation for tournaments and competitions.</p> <p>We will enter/organize a minimum of 8 intra school, 6 inter school and 2 personal challenge – individual competitions (as stated in the gold gamesmark criteria)</p>	<p>On going</p> <p>On going</p> <p>On going (we will have run 5 intra school and at least 4 inter school tournaments by Christmas)</p> <p>To provide opportunities for the children to take part in</p>	<p>Renew membership of Chester SSP (School Sports Partnership) (£1200) Enter teams in Chester SSP tournaments and utilize staff training opportunities. BH responsible for passing on training opportunities to staff.</p> <p>BH to support and help with CSSA (Chester School Sports Association) (£100 contribution for member schools) To work in partnership with other schools, through CSSA, to plan events.</p> <p>The whole school overview is written so that units of work fit in with the tournaments. Also the sport coached in the paid sports clubs is often chosen as preparation for tournaments (eg athletics in the summer)</p> <p>We will enter the national dance competition (Cheshire Schools Gotta Dance) once again this</p>	<p>Staff to lead sports clubs and enter teams in competitions.</p> <p>Paid clubs led by external coaches.</p> <p>DJ/BH to organize and timetable sports clubs.</p> <p>All teachers to follow whole school overview and to teach their allocated units.</p>	<p><b>More teaching staff have led free clubs this year and we have reduced the amount of CPED paid clubs from 2 to 1 a week</b></p> <p><b>We have also had clubs on offer which have been run at discounted rates through Hoole Tennis Club and Broughton Cricket Club (Chance to Shine)</b></p> <p><b>We were very successful once again in the GreatBigDanceOff with a team of 47 children from year 2-year 6 competing. We came 3<sup>rd</sup> in the regional heats and got through to the finals in Oxford and although we didn't place this year we were delighted to have got so far.</b></p>
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	We will ensure that children over 50% of children take part in extra curricular activities.	alternative forms of exercise such as dance or gymnastics and to be involved in competition and showcasing.	year. £500 to be allocated to transport costs. £40 to enter the competition		
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### Action 2

To improve the quality of PE teaching, including assessment and to ensure consistency and a full coverage of the curriculum	<p>All year groups to receive 2 hours PE teaching per week.</p> <p>Each year group to cover all of their units from the whole school overview.</p> <p>Staff training – provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively and embed physical activity across our school</p> <p>Hire qualified sports coaches to work with teachers to enhance or extend current opportunities.</p>		<p>BH to organize staff training through Chester SSP for all teaching staff (one session free as part of our package) We will pay an extra £100 to have separate ks1 and ks2 training.</p> <p>BH to send questionnaire home with all children for both parents and pupils in order to gauge pupil and parent views on PE and sports coverage/opportunities/effectiveness.</p> <p>Dance teacher employed for one half day per week over approximately 35 weeks, to teach dance to each year group in turn (£70 per half day – £2450 total for the year)</p> <p>To continue to employ sports coaches to work with each year group in turn. Working collaboratively with class teachers in order to develop their skills. £70 per half day - £2450 per coach for the year. £7350 for the three coaches in total for the year.</p> <p>To further develop the use of Balance for assessing PE.</p>	<p>BH together with SLT to collate and gather information from questionnaires in order to make improvements.</p> <p>Teachers to work with sports coaches to ensure progression and coverage for all children</p> <p>Teachers or TAs to to work along-side the coaches, to plan lessons, to evaluate and to team teach.</p> <p>BH</p>	<p><b>Staff training very successful – focus on achievement for all and how to structure lessons effectively.</b></p> <p><b>Dance has become a big part of our school year and every year group in turn has a series of dance lessons which culminate in a performance for parents. This continues to be very popular and successful.</b></p> <p><b>Balance is useful for planning PE to ensure that all objectives are covered and to ensure progression of skills. It has been used more for this than for assessment but year 3 have assessed PE on Balance and other year groups for swimming.</b></p>
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### Action 3

To encourage pupils to take on leadership or volunteer roles that support sport and physical activity within	<p>Playground leaders from year 5 and 6 supporting adult sports coaches on the playground at lunchtime.</p> <p>Year 5 and 6 pupils to organize intra school events.</p>		All year 5s to undertake a training day to qualify as playground leaders (see action 6)		<p><b>This has not happened this year. With our reduced play space we are teaching the children playground games such as 4 square and will focus on encouraging them to play these games as well as to participate in the structured activities provided by sports</b></p>
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the school					<b>coaches.</b>
<b>Action 4</b>					
<p>To encourage and promote a healthy lifestyle and a love of exercise.</p> <p>To support and engage the least active children.</p>	<p>Children in all year groups to understand the importance of exercise and a healthy diet for our hearts and bodies.</p> <p>KS2 pupils should be able to deliver a warm up and cool down and to explain why these are important.</p> <p>In KS1, children should be able to explain why we warm up and cool down.</p>	Autumn Term	<p>Cheshire Phoenix to work with Years 5 and 6 on health and sport. (£250)</p> <p>To enter all year 2 children into a multiskills festival in November.</p> <p>To enter vulnerable children of all ages into a SEN multi-sport festival.</p> <p>Sports coaches employed at lunchtimes to encourage less active children to participate in games and fun activities. £160/week (£5760 for the year)</p> <p>To continue to promote the daily mile.</p> <p>All year 3 and 4 children to receive professional tennis, cricket and rugby coaching and to be given the opportunity to take part in a tag rugby festival in April organized by Warrington Wolves.</p>	<p>All staff.</p> <p>BH to organize. Monitor children's response and progress through pupil voice.</p>	<p>Cheshire Phoenix, as always, were a big hit. The players who visit are great role models for the children and our basketball team that came from the coaching sessions were very successful, winning one tournament and playing commendably in two others.</p> <p>The daily mile is getting more difficult because of the space but all classes still try to get out once a day.</p> <p>The professional coaching opportunities were brilliant for the children. The rugby festival was very inclusive – all of year 3 and year 4 were able to take part and it was enjoyed by all.</p>
<b>Action 5</b>					
To improve behaviour and physical activity levels at playtimes.	Increased activity levels on the playground.		<p>Sports coaches employed to provide supervised sporting activities every lunchtime in KS2 and 3 lunchtimes in KS1 (see action 4).</p> <p>Judith Gilmour (CPED) to provide training for all year 5 children as playground leaders (£280)</p> <p>After the course, year 5 children to volunteer for a rota where they will assist the coaches at lunchtimes to provide games and activities for children in both key stages.</p>	<p>BH/play leaders/sports coaches</p> <p>Staff on playground duty and y5 skipping monitors.</p>	<p><b>March 2019</b> Because of the limited space caused by the building works there have been some problems with lunchtime behaviour.</p> <p>In the summer term, we will employ two coaches per lunchtime and timetable the activities per year group and activity to make sure we are being completely inclusive and that all children get a chance to join in.</p>

					<p>This will replace the after school clubs for the least active.</p> <p>The least active group of children will be invited to join a lunchtime club rather than after school.</p> <p>The whole year group (y5) did not receive training but two children did and will be able to gather a team and organize activities next year.</p>
<p>To support and engage the least active children</p> <p>To implement government guidance from the childhood obesity document Aug 16.</p>	<p>Family support and health education for children.</p>		<p>To offer parents and children the opportunity to take part in a 'Family Fitness' after school club which they can do together and learn about health and fitness whilst exercising at the same time. (10 weeks x £40 = £400)</p> <p>To offer the least active children a dodgeball/multiskills club for 10 weeks (£400)</p> <p>House competitions where all children are encouraged to participate.</p> <p>B teams for sports competitions. In Netball we have entered A and B team leagues and tournaments. We have also entered a year 3 and 4 league.</p>	BH	<p><b>March 2019:</b> This £800 was reallocated to lunchtimes but with a focus on being inclusive and encouraging the least active children to participate <b>£20 per day for each coach Additional coaches 3 days a week over the Summer term which is 13 weeks. £1040 total ((240 extra)</b></p>

£18540 already accounted for on this action plan leaving £870 for replacing resources.

October 2019 spent £98.97 on playground balls

February 2019 spent £136.38 on netballs, rounders balls and pump needles.

April 2019 £40 entry fee for dance competition

May 2019 spent £38.85 on ice packs, £14.64 on engraving a trophy, £28.99 on sports day stickers and £114.19 on KS1 sports day equipment.

Summer term extra money for sports coaches at lunchtimes = £240

**Total: £683.03**

**As of 5<sup>th</sup> June 2019 there is a balance of £187**

## **Our PE funding for 2018/19: £19,410**

**Actions for next year:**

- To increase activity levels for the least active children and to be able to provide solid evidence.**
- For class teachers to complete Balance for PE so that we can evidence progression more effectively.**
- To allocate money for supply teachers next year so that more teachers can be released to enter competitions**
- To make playground games part of the curriculum for all year groups.**