



Upton Heath Church of England Primary School.
 Upton Lane, Chester, CH2 1ED. 01244 972970



4th March 2022 Newsletter

Dates for the next two weeks in school

Mon 7th March	Tues 8th March	Wed 9th March	Thurs 10th March	Fri 11th March
Week 3 menu Year 3 at Tattenhall.	Year 3 at Tattenhall.	Year 3 at Tattenhall.		
Mon 14th March	Tues 15th March	Wed 16th March	Thurs 17th March	Fri 18th March
Week 1 menu				Red Nose day Please wear something red!

Please see the clubs letter for details of clubs.

Getting ready for the Queen's Jubilee

It was the launch of our Platinum Jubilee Celebration this week whereby our pupils will work alongside Cheshire College South and West's performing arts department to create a whole school celebration. CCSW lecturer Paul Moss and 15 students from the college will now come into school every Thursday afternoon to work with the children. Here they all are at the first session in preparation for the performances on 22nd and 23rd June, and Red, White and Blue day on the 26th May.



Celebrating World Book Day- Upton Heath style!

On Thursday 3rd March we all had a wonderful time celebrating World Book Day. It was an amazing sight to see the whole school dressed as book characters! Thank you everyone for joining in and taking part.

All of the classes enjoyed doing lots of book and story activities and took part in some online events too. We also had a 'Masked Reader' challenge where we had to guess which masked member of staff was reading a story and a 'guess the book title' competition where we had to work out the missing book title of 25 books put up around the school.

If you'd like to guess the Masked Reader, you can watch the video [here!](#) The £1 book tokens which were given out before half term are valid until 27th March so there is plenty of time to spend your tokens. Click on the link <https://www.worldbookday.com/books/> to explore the £1 books available this year.



Upton Heath Virtual Astronomy Club

You can see the constellations of Gemini and Leo this month, find out more in this month's [virtual astronomy club](#), with thanks to Chris Brankin.

Parent Carer Forum (PCF) February newsletter

Please read the February newsletter [here](#) and see details for the March event.

Our Next Forum Event:
Wednesday 9th March 2022
10.30am - 11.30am on Zoom

Mental Health Update & Meet the Professionals

Online Meeting for Parents

Book online and we will send you a link before the date.
www.pcfcheshirewest.org/whats-on

<https://www.pcfcheshirewest.org/march-online-forum-2022>

STARS OF THE WEEK

<p>ACORNS: Charlie Octigan – for wowing all the grownups with his amazing writing! Sofia Lamont- for using her imagination and making predictions at story time.</p>	<p>CONKERS: Jasper Briggs – for his pride and progress in fine motor and letter formation. Christian Asare – for being a caring, kind member of Conkers, especially with our snails!</p>	<p>ASH: Kaiden Jenkins for working really hard and achieving his targets. Evie Stephen for using 'ed' endings in her writing!</p>
<p>YEW: Vaughn Williams – For writing an amazing story about spiders and sharing it with the class! Ellie Shaw – For applying her phonic knowledge when reading independently and always trying her best!</p>	<p>WILLOW: Aarav Kapur for fantastic reading both in school and at home. Sienna Edwards-Bristow for partitioning numbers and amounts of money in different ways with confidence.</p>	<p>SYCAMORE: Harry Adshead for always coming to school with a positive attitude and for always being kind and respectful to others! Vene Shipley for writing a fantastic description of a toy shop with lots of great adjectives and adverbs!</p>
<p>BEECH: Jake Wainwright-Hewitt for a positive attitude to learning. Norah Beddows for working hard on applying Y2 skills to her writing.</p>	<p>HAWTHORN: Millie Shipton for her excellent focus in all lessons and for sharing thoughtful reflections during our class discussions. Honey Jones for being such an enthusiastic member of the class and for showing great perseverance in Maths.</p>	<p>JUNIPER: Albie Thom for excellent recount writing. Millie Hall for a cheerful, positive outlook and being friendly and kind to everyone.</p>

<p>LIME: Brooke McWilliams for writing a detailed and thoughtful flashback about our text Escape from Pompeii Mollie Graham for her focus and positive approach to her work this week resulting in some wonderful work.</p>	<p>HAZEL: Charlotte Stone for becoming more confident in class and being a risk-taker by trying to answer tricky questions in front of her peers. Max Dean for his dedication to learning in and outside of school, through the use of Nessy and TTRS.</p>	<p>ELM: Toby Moseley Moore for his thoughtful reflections during our R.E lessons Oscar Briggs for sharing his responses clearly and confidently to the whole class.</p>
<p>BIRCH: Gracie Hewitt – for being so determined in her maths and always presenting her work beautifully</p>	<p>CHESTNUT: Poppy Sterriker– displaying a love of reading and for being an enthusiastic and hardworking member of the class. Sophia Mangan – for a love of reading and for being a highly motivated and enthusiastic member of the class</p>	<p>OAK: Niamh Kenna for outstanding effort with percentages in maths. Byron Jones for super hard work in our SPAG lessons.</p>

Mrs Morris' Award for Acts of Kindness: Niamh Mullen, Hazel for thinking about and sharing ideas of how to encourage people to be kind.

Letter from Mr North

Dear Parents/Carers,

I write this letter to you as Harry Potter, Gangsta Granny, James, from James and the Giant Peach and Snow White walk past my office door! What a brilliant day we have had today celebrating 25 years of World book Day. Thank you so much for your support with this event and also to Mrs Mistry and our fabulous team for planning activities that have been so engaging. The children have had a fabulous day, the sense of excitement and the positive buzz around the school has been great to see.

Our Year 3 children are preparing for their residential visit next week, I know that the children and staff are looking forward to it. We look forward to hearing all about their experiences and seeing the results of their activities. Our basketballers are representing the school on Sunday afternoon with the Hoops for Health programme and they will also be part of the crowd supporting Cheshire Phoenix, who play Glasgow in the BBL Trophy semi-finals. Good luck to all involved, and I hope to see you there kids!

We have also celebrated Shrove Tuesday and started Lent with our Ash Wednesday worship, led by Reverend Paul from Holy Ascension Church, with Captain Dave. Our theme of Justice has also started this week; the focus for our worship and discussions with the children is about treating people fairly, seeing the bigger picture, making wise decisions and reflecting on our rules to living well. These worships will lead towards the Easter Story, which will be shared in church later in the term.

COVID-19 measures have been reduced in school, for example, we have stopped wearing face coverings in and around the school, but allow the option for adults to continue to wear a face covering if they wish. Worship will be shared in phases rather than being class based or conducted remotely via Teams. Classrooms no longer need to have tables and chairs facing forwards, teachers can set the tables out in any way they wish that is conducive to good learning.

I am sharing some of the latest guidance with you to reinforce the message from the UKHSA:

There is no longer a legal requirement for people with coronavirus (COVID-19) infection to self-isolate, however if you have any of the main symptoms of COVID-19 or a positive test result, the public health advice **is to stay at home and avoid contact with other people.**

The following advice is for:

- people with any of the main symptoms of COVID-19
- people who have received a positive COVID-19 lateral flow device (LFD) or polymerase chain reaction (PCR) test result
- people who live in the same household as, or who have had close contact with, someone who has COVID-19

The main symptoms of COVID-19 are a recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

If you have any of these symptoms you should order a PCR test. You are advised to stay at home and avoid contact with other people while you are waiting for the test result.

What to do if you have COVID-19

The most effective way to avoid passing on COVID-19 infection is to stay at home and avoid contact with other people.

When someone with COVID-19 breathes, speaks, coughs or sneezes, they release small particles (droplets and aerosols) that contain the virus that causes COVID-19. These particles can come into contact with the eyes, nose or mouth or can be breathed in by another person. The particles can also land on surfaces and be passed from person to person via touch.

The risk of catching or passing on COVID-19 can be higher in certain places and when doing certain activities such as singing or vigorous exercise. In general, the risk of catching or passing on COVID-19 is highest when you are physically close to someone who is infected.

However, it is possible to be infected even by someone you do not have close contact with, especially if you are in a crowded, enclosed or poorly ventilated space. This is because the infectious particles can stay suspended in the air for some time.

If you have COVID-19, stay at home and avoid contact with other people

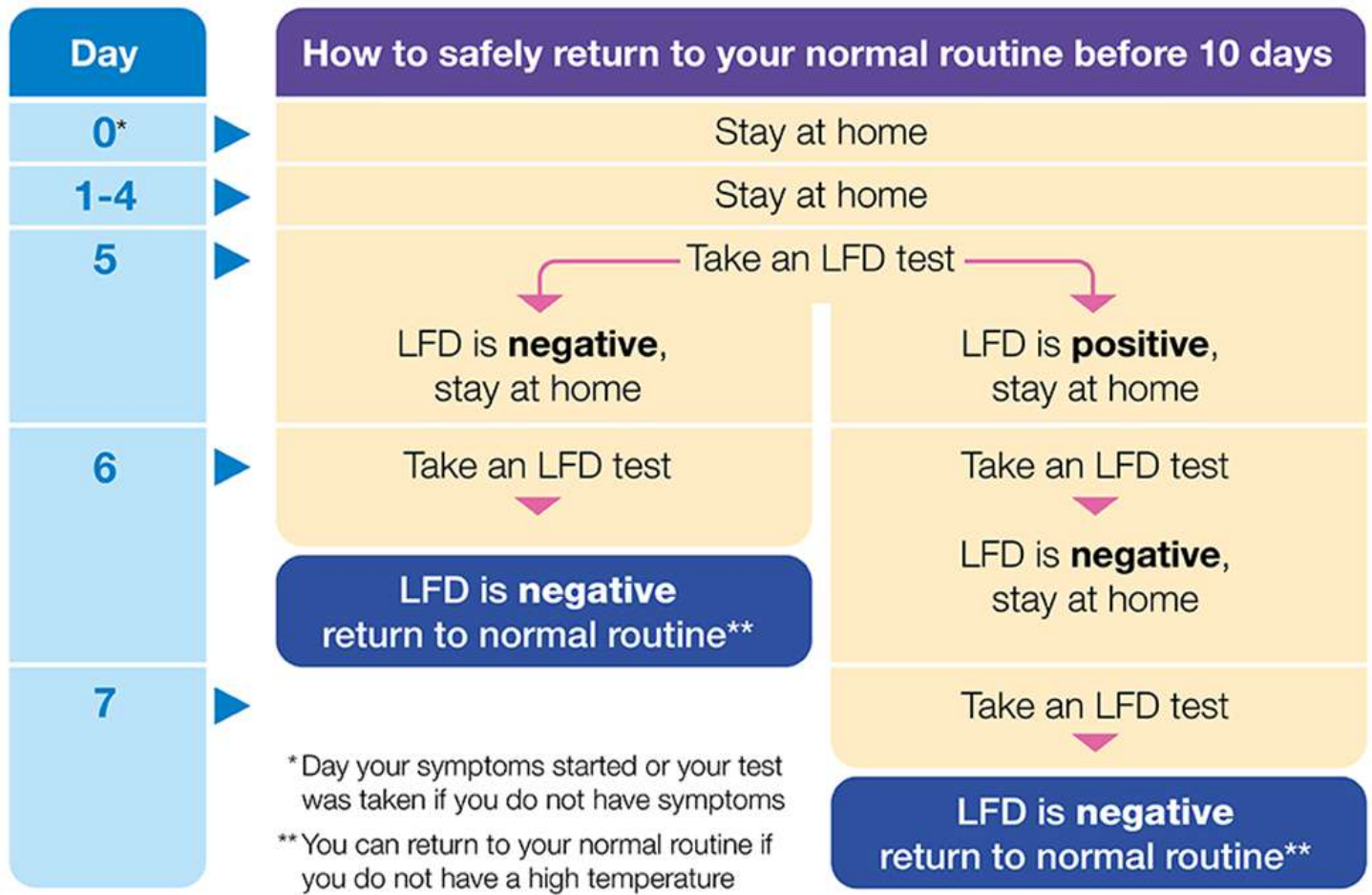
If you have COVID-19 you can infect other people from 2 days before your symptoms start, and for up to 10 days after. You can pass on the infection to others, even if you have mild symptoms or no symptoms at all. If you have COVID-19 you should stay at home and avoid contact with other people.

You should:

- not attend work. If you are unable to work from home, you should talk to your employer about options available to you. You may be eligible for Statutory Sick Pay
- ask friends, family, neighbours or volunteers to get food and other essentials for you
- not invite social visitors into your home, including friends and family
- postpone all non-essential services and repairs that require a home visit
- cancel routine medical and dental appointments. If you are concerned about your health or you have been asked to attend an appointment in person during this time, discuss this with your medical contact and let them know about your symptoms or your test result
- if you can, let people who you have been in close contact with know about your positive test result so that they can follow this guidance

Many people will no longer be infectious to others after 5 days. You may choose to take an LFD test from 5

days after your symptoms started (or the day your test was taken if you did not have symptoms) followed by another LFD test the next day. If both these test results are negative, and you do not have a high temperature, the risk that you are still infectious is much lower and you can safely return to your normal routine.



People who live in the same household as someone with COVID-19 are at the highest risk of becoming infected because they are most likely to have prolonged close contact. People who stayed overnight in the household of someone with COVID-19 while they were infectious are also at high risk.

If you live with, or have stayed overnight in the household of, someone who has COVID-19, you are advised to:

- minimise contact with the person who has COVID-19
- work from home if you are able to do so
- avoid contact with anyone you know who is at higher risk of becoming severely unwell if they are infected with COVID-19, especially those with a severely weakened immune system
- limit close contact with other people outside your household, especially in crowded, enclosed or poorly ventilated spaces
- wear a well-fitting face covering made with multiple layers or a surgical face mask in crowded, enclosed or poorly ventilated spaces and where you are in close contact with other people
- pay close attention to the main symptoms of COVID-19. If you develop any of these symptoms, order a PCR test. You are advised to stay at home and avoid contact with other people while you are waiting for your test result

Follow this advice for 10 days after the day the person you live or stayed with symptoms started (or the day their test was taken if they did not have symptoms).

Children and young people who usually attend an education or childcare setting and who live with someone who has COVID-19 should continue to attend the setting as normal.

If you are a contact of someone with COVID-19 but do not live with them or did not stay in their household overnight, you are at lower risk of becoming infected. Carefully follow the guidance on Coronavirus: how to stay safe and help prevent the spread.

We will be maintaining our enhanced cleaning measures, ensuring that the children maintain good hand hygiene, we will maintain good ventilation in all rooms, keep our internal measures that work for us at play times and lunch times and ask for your continued support at drop-off and pick-up times. Please continue to use the one-way system, this helps with the movement of hundreds of people on site in a short period of time.

It has brought to my attention that several children are being left unsupervised on the school premises before the school is open (08:40). I would ask that parents do not leave their child unsupervised please on school premises before the school day starts, or ensure that they are arriving at school between 08:40 and 08:55. If this is a challenge, then please do contact S4YC for information about Breakfast Club facilities.

My apologies for not being outside as often as I would like, but currently we are very short staffed in our admin office, consequently, there have been additional demands on my time at these key times of the working day.

Yours faithfully

Conrad North. Headteacher

Leave of Absence Request

Leave of absence during term time will not be authorised unless the reason meets the exceptional criteria. In response to your leave of absence request, a decision will be made and a letter sent to you within 5 working days. If leave of absence is authorised, a date to return must be agreed with the Headteacher. A child who is absent longer than the agreed date can be legally removed from the school register and the parent may be liable to prosecution. When the leave of absence is 'unauthorised' and a child incurs 10 unauthorised absence marks in a term, i.e. five school days, the Local Authority may be informed and a fixed term penalty notice may be issued. The current rates payable by parents are £60 where the amount is paid within 21 days and £120 where the amount is paid within 28 days. This charge is per parent/carer per child. If the fixed penalty notice remains

unpaid this could lead to prosecution in the Magistrate's Court.