Top Tips for Year 1

PE Days

Currently, our PE days are Wednesday and Friday. This can change half termly. Please ensure your child comes to school wearing their PE kit on these days, with suitable footwear so they can take part comfortably in all activities.

Forest School

We are lucky to have wonderful school grounds which we make the most of through our Mini Woods sessions. These provide opportunities for children to explore their environment, develop independence, build confidence and learn through hands-on experiences.

On Mini Woods days, children should come to school wearing old, comfortable clothes that you don't mind getting muddy or dirty!

Reading at Home

Reading regularly with your child is one of the most valuable ways you can support their learning. Even 5–10 minutes each day can make a real difference to their confidence, fluency and enjoyment of reading.

Children will bring home reading books matched to their phonics knowledge. We encourage you to read these books more than once, as rereading familiar texts helps children recognise words more confidently, develop fluency and read with expression.

Sharing bedtime stories, visiting the library and talking about books together are also wonderful ways to develop vocabulary, comprehension and a lifelong love of reading.

Reading books are changed on Mondays and Thursdays.

You can also support your child's phonics learning at home through Anima Phonics.

Encouraging Independence

Year 1 is an important time for developing independence. Encouraging your child to put on their own coat, organise their belongings, look after their reading books and have a go at new challenges can make a big difference to their confidence in school. Most importantly, celebrate their efforts and achievements, however small, and encourage them to keep trying when something feels tricky!